

St. Andrew Outreach Challenge

Pick Just One

1. Abrahamic Initiative

- This ecumenical initiative brings together Christians, Jews, and Muslims in dialogue. It provides a forum for mutual understanding and appreciation for the faith perspectives of these three religious traditions. One goal is to “dispel false images and stereotypes that thwart positive relationships.” The Abrahamic Initiative is housed at St. John’s Episcopal Cathedral in Denver.
- **Action:** Among volunteer opportunities are those associated with the Interfaith Youth Program. An Interfaith Youth Council is being formed in collaboration with Seeking Common Ground. Assistance with youth funding also would be appreciated.
- **Contact** Canon Greg Movesian, the initiative’s director, at 303-577-7711 or greg@sjcathedral.org. Other key leaders are Rev. Patrick Dolan, Rabbi Brian Field, and Imam Ibrahim Kazerooni.

2. Afghan Refugee Relief Association

- A mutual assistance association (MAA), whereby settled Afghans help arriving Afghans in the resettlement and integration process within metro Denver. Pashtuns, Tajiks, Hazaras, and Uzbeks comprise the largest ethnic groups.
- **Action:** Opportunities exist to help with childcare for widows, adult literacy, and health service outreach/family transport.
- **Contact:** Emamudin Ghiasi at 303-422-7275.

3. Bread for the World- letter writing

- Bread for the World is a collective Christian voice urging our nation's decision makers to end hunger at home and abroad. By changing policies, programs and conditions that allow hunger and poverty to persist, we provide help and opportunity far beyond the communities where we live.
- **Action:** In 2010, Bread for the World members will urge congress to change U.S. tax policy to benefit low-income families. You can help by joining the 2010 Offering of Letters. Bread for the World members hand-write personal letters and send other personalized communications to their representatives in Congress. This outpouring of concern sends a powerful message to our political leaders and helps us move closer to our goal of ending hunger.
- **Contact:** To learn more, find sample letters and look up the address of your representatives, go to www.bread.org or contact Matt Ching the Western Regional Organizer at mching@bread.org or 888-752-7323. Contact Jeri Dwyer at 303-468-6838 or jdwyer@st-andrew-umc.com for information on what St. Andrew is planning for this year.

4. Bridgeway Home

- Bridgeway Home provides education and support for pregnant and parenting teenagers. Bridgeway's mission is to build new lives for pregnant teens and their babies by providing shelter, food, clothes, education, life skills, counseling, mentors, career training and support. Mandated continued education, counseling, and attendance in a series of semi-weekly classes, taught by volunteers, helps assure its clients are prepared for the future.
- **Action:** Various opportunities include: 1) providing auction items for February 27 fundraiser, 2) assisting with facility set-up for this fundraiser, 3) moving donated furniture for residents as they leave the Home and establish an independent residence, 4) babysitting , 5) mentoring, 6) teaching and more.
- **Contact:** For more information on volunteer opportunities, contact Mary Ann Foreman, maryann@bridgewayhomes.org or by calling 303-969-0515 X15.

5. CASA Court Appointed Special Advocates for Children

- The mission of the National Court Appointed Special Advocate (CASA) Association, together with its state and local members, is to support and promote court-appointed volunteer advocacy for abused and neglected children so that they can thrive in safe, permanent homes.
- **Action:** Your local CASA program offers a volunteer opportunity like no other. As officers of the court, CASA volunteers, also known in some areas as volunteer guardians ad litem (GALs), are empowered to make a lifelong difference in the lives of abused and neglected children. Every volunteer passes a background check and participates in a 30-hour training course. After successfully completing the training, the volunteer is assigned his first case. A volunteer's average time commitment to a case is approximately 10 hours per month. Volunteer advocates are asked to dedicate themselves to a case until it is closed. The average case lasts about a year and a half. Advocates are supervised every step of the way and always have resources readily available.
- **Contact:** To learn more about CASA go to www.casaforchildren.org. To learn more about volunteering locally, contact Kami Welch at 303-695-1882.

6. Colorado AIDS Project

- The mission of Colorado AIDS Project (CAP) is to prevent HIV infection and improve lives affected by HIV and AIDS. Colorado AIDS Project is a 25 year-old community based organization that helps those living with HIV/AIDS, and those at risk, to make healthy choices for a self sufficient, enhanced quality of life. CAP provides innovative, individualized services to those most in need, educates high risk populations, and advocates for social and health care equity.
- **Action:** CAP offers a wide range of volunteer activities, from helping with events, such as the Red Ball, Red Walk or Red Run, working in the food bank, or behind the scenes in an administrative capacity. CAP needs volunteers either on a one-time or ongoing basis. Also, one week per month, donations to the food bank at St. Andrew are delivered to CAP; you can be involved by donating food or offering to deliver food to CAP.
- **Contact:** To volunteer, submit your application online and attend volunteer orientation/AIDS 101. Volunteer orientation and AIDS 101 classes are held on the first Thursday of every month from 5:00 – 7:30 pm at the CAP office. For more information on volunteering, contact Athena Lansing at 303-837-0166, ext. 316 or email AthenaL@coloradoAIDSproject.org.

7. Colorado Coalition for the Homeless

- The mission of the Colorado Coalition for the Homeless is to work collaboratively toward the prevention of homelessness and the creation of lasting solutions for homeless and at-risk families, children, and individuals throughout Colorado. The Coalition advocates for and provides a continuum of housing and a variety of services to improve the health, well-being and stability of those it serves.
- **Action:** short term volunteers work less than 16 hours and help with a wide variety of one-time improvement projects and goods collection projects, long-term volunteers make a three month commitment and assist in one of the 32 programs that CCH offers, there is also a need for medical professionals at Stout Street Clinic, Samaritan House Clinic and the eye clinic.
- **Contact:** To learn more about Colorado Coalition for the Homeless and to download a volunteer application, go to www.coloradocoalition.org. For more specific information, please contact Colorado Coalition for the Homeless at 303-293-2309 or info@coloradocoalition.org.

8. Colorado Interfaith Power and Light

- The mission of Colorado Interfaith Power and Light is to stimulate a faith-based response to the climate crisis by providing education, inspiration and support to all faith communities in Colorado. We encourage faithful stewardship of God's creation stewardship through the promotion of energy conservation, energy efficiency, renewable energy and making the commitment to sustainability. We seek to protect the earth's ecosystems, safeguard public health and ensure sufficient sustainable energy for all.

- **Action:** An individual is needed to help start and maintain video lending library for CIPL from their home; an individual is needed to regularly update their Face Book page; several individuals are needed to edit digital videos on the CIPL website. Also, CIPL recently received a grant to provide services to seniors in an effort to assist them in becoming more eco-conscious in their homes and is looking for volunteers to help with this project.
- **Contact:** For more information on CIPL go to their website at www.coiplnew.com. Contact Betty Goebel at 303-429 5792 or bgoebel@coipl.org to learn more about volunteer opportunities.

9. Dalit Freedom Network

- This network is a human rights, non-governmental organization that partners with the Dalit “untouchable” people of India. It represents a larger, justice-minded, modern-day abolitionist movement committed to freeing people from human trafficking, slavery, and child labor. It was founded on Christian principles and is Denver-based.
- **Action:** Among volunteer opportunities are those associated with its Dalit Education Centers, vocational training, self-help groups, health care, fair-rate loan, and social justice programs. The latter also reflects “a voice in the U.S. capitol.”
- **Contact:** Debbie Bailey at 303-990-2927 or dbailey@dalitnetwork.org. Visit the website at www.dalitnetwork.org.

10. DenUM - Denver Urban Ministries

- The mission of Denver Urban Ministries is to “nourish the spirit of the community and cultivate awareness of urban life. We provide resources for persons in crisis and create opportunities for individual and community growth and service.” DenUM meets people in crisis in Outreach Services, develops self-sufficiency through Job Services, strengthens the community through Advocacy, and fosters awareness and growth through Urban Education.
- **Action:** Volunteer opportunities include donating or transporting food for the food bank and working with clients in intake or job services. Also, the Urban Education day or half day is designed to give experiential learning opportunities to youth and adults interested in issues of poverty and urban life. In a typical Urban Education Day you take a tour of the DenUM facility, adopt family profiles to experience "poverty simulation", hear a homeless or formerly homeless speaker, take a walking tour of services for low-income people in the downtown area. The cost is \$15 per person (includes lunch) for a full day and \$10 per person for a half day. The Urban Education experience is customizable and can be adapted to fit varying interests and time commitments (2-6 hours). Group size can vary from 5 to 30 people.
- **Contact:** Caroline Schultz, Urban Education Coordinator, at 303-350-5062 or caroline@denum.org. To learn more about DenUM and their many other hands-on volunteer opportunities, go to www.denum.org or call Amanda Baker at 303-350-5066.

11. Denver Children’s Advocacy Center

- The mission of the Denver Children’s Advocacy Center (DCAC) is to prevent abuse, strengthen families, and restore childhood. The DCAC serves children who have been sexually abused, neglected, or traumatized by witnessing violence. The goal is to ensure that every child possible in Denver and neighboring counties who has been traumatized by sexual abuse or by witnessing homicide or domestic violence receives immediate, compassionate and effective investigation, assessment and, if needed, mental health treatment.
- **Action:** DCAC has many volunteer opportunities available and is presently seeking committed and passionate volunteers who are interested in serving as front desk community liaisons in the new location, scheduled to open January 2010. Duties will include greeting visitors, answering phones, and providing light office support, as needed.
- **Contact:** Tara Roesener, Community Development Manager, at 303-825-3850, ext. 301 or Tara.Roesener@DenverCAC.org, or visit www.DenverCAC.org.

12. The Denver Hospice

- Denver's largest hospice, offering palliative and supportive care to persons – and their families – with a terminal diagnosis of six months or less. Clinical, psycho-social, and spiritual care is featured in both in-home and in-patient settings. Bereavement counseling also is offered.
- **Action:** Opportunities exist to help with in-home and in-patient care circles, grief counseling (for adults and children), office work, special event planning, and applied research/data analysis. Possibilities also exist to assist with outreach to the Selian Hospice of Africa.
- **Contact:** Erin Beauprez at 303-398-6248 or volunteers@denverhospice.org.

13. Denver – Nairobi Sister City Program

- Part of the ten-city Denver Sister Cities International Program, itself in turn part of the worldwide sister cities initiative, the Nairobi program covers cross-cultural education, cultural exchanges, and support for special projects in Nairobi, Kenya.
- **Action:** Opportunities exist for membership on the coordinating committee, hosting of visitors, and education on cultural issues of interest to both Kenyans and Americans.
- **Contact:** Ashley Ruiz at 303-910-9316 or ruiz.ashley@gmail.com. For information on other sister cities, contact Linda Dee at 303-973-2928.

14. Denver Rescue Mission, Family Rescue Ministry

- One of Denver's oldest and largest outreach ministries, the Denver Rescue Mission combines service to at-risk populations with Christian education. In addition to its flagship facility at Lawrence Street, it runs The Crossing, Champa House, Harvest Farm (in Wellington), and The Ministry Outreach Center.
- **Action:** Among many opportunities to volunteer, ranging from adult education to at-risk youth mentoring is the Family Rescue Ministry. Family mentoring teams provide relational, physical, and spiritual support to participating families (including refugees), many of whom are homeless. This outreach is tied to efforts for families to attain eventual self-sufficiency. Volunteer training is provided.
- **Contact:** Nicole Diffie at 303-292-9229 or visit the website at www.denverrescuemission.org/mentor.html.

15. Douglas County Libraries

- Volunteers are an invaluable resource in the development and growth of Douglas County Libraries. With volunteer help, the Library's mission, of providing resources and learning and leisure to build communities and improve lives in Douglas County, can be achieved.
- **Action:** Volunteers are currently needed for these and other programs:
 - 1) Adult Literacy – one-on-one small, group tutoring is offered to adults who want to improve basic literacy skills, become more fluent in English as a second language, or work towards a GED.
 - 2) Youth are offered opportunities to complete high school graduation requirements and achieve advancement in rank for Scouting programs.
 - 3) Used Book Sales – help organize donations for used book sales.Volunteers gain job skills, personal growth, a sense of community involvement and an opportunity to obtain a reference for volunteers wishing to enter the job market.
- **Contact:** If you are interested in sharing your gifts of time, skill, expertise and knowledge with Douglas County Libraries, please complete a volunteer application, available online at www.douglascountylibraries.org. For volunteers younger than 14, your parent or guardian's permission is also required. For additional information, please contact your local Branch Volunteer Coordinator at 303-791-READ, or pstanden@dclibraries.org.

16. El Centro Humanitario

- A non-profit organization promoting the rights and well-being of day laborers in Denver through education, job skills and leadership development, united action and advocacy. Employers are aided in identifying dependable workers.
- **Action:** Opportunities exist to assist with employer outreach, women's program development (e.g., job readiness training), grant writing, policy analysis, computer training, and community organizing.
- **Contact:** Freddy Medina at 303-292-4115 or www.centrohumanitario.org.

17. Ethiopian Mission Trip

- For St. Andrew, a first-of-its-kind mission trip to Africa. The purpose is three-fold: To conduct mission educational outreach in n. Ethiopia, to learn about the Christian presence in this region, and to tour sites which include Axum, the reputed home of the Lost Ark of the Covenant.
- **Action:** An opportunity exists to assist with library development in the Ethiopian village of Mai Misham, childhood home of our church member Letay GebreEgziabher. Water resource development also is a possibility, in the neighboring village of Beleho, home of Letay's husband Tsegaye Hailu.
- **Contact:** Peter Van Arsdale at 303-770-1612, 303-871-3281, or pvanarsd@du.edu.

18. Fair Trade Products at St. Andrew

- St. Andrew works with Equal Exchange, a worker-owned cooperative, to provide our congregation with the opportunity to use their power as consumers to purchase coffee, tea, chocolate and snacks that have been sustainably produced by farmers who are paid a living wage for their work.
- **Action:** Purchase fair trade coffee, tea, chocolate and snacks at St. Andrew on the 4th Sunday of each month for use in your home or as gifts. Volunteer to help Social Justice Team members sell fair trade products.
- **Contact:** Jeri Dwyer at 303-468-6838 or jdwyer@st-andrew-umc.com for more information about Equal Exchange and fair trade at St. Andrew.

19. Family Homestead

- Family Homestead's mission is to house homeless families and end homelessness for individual families in our program in the Metro Denver Area.
- **Action:** Invest in the future by participating in the "Back-to-School" program in July and August. Through this program you can provide school supplies, clothing, shoes and backpacks to students kindergarten through high school. The need is greater at this time of year for these kids than during the holidays when we are all more likely to give.
- **Contact:** Judy Mugler for more information and to sign up to sponsor a student, 303-623-6514 or judy@familyhomestead.org. To learn more about Family Homestead and their many other volunteer opportunities, please go to www.familyhomestead.org.

20. Food Bank of the Rockies

- We will end hunger by efficiently procuring and distributing food and essentials to people in need through our partner agencies in Northern and Wyoming. Food Bank of the Rockies provides food supplies to more than 1100 hunger-relief programs.
- **Action:** Volunteer opportunities include filling orders for distribution in the warehouse, office work, inspecting and boxing food in an assembly line setting, and light cleaning. Most opportunities are Monday–Friday 8:30–11:30 am and 12:30–3:30 pm, Tuesdays 4:00–7:00 pm and select Saturdays. Please note: Saturdays fill up very quickly; we encourage you to schedule several months in advance.
- **Contact:** More information and volunteer forms are available at www.foodbankrockies.org. If you have further questions please contact Olive Crawford at 303-371-9250 ext.236 or email volunteer@foodbankrockies.org.

21. The Gathering Place

- The Gathering Place supports women and their children experiencing homelessness or poverty by providing a safe daytime refuge and resources for self-sufficiency.
- **Action:** Take your family or friends and prepare a meal for the women and children at TGP. While you're there take a tour and meet the staff and clients of this day shelter.
- **Contact:** To find out about this and lots of other volunteer opportunities and to fill out a volunteer application go to www.the-gatheringplace.org or call 303-996-9046 and speak to Anna Inazu.

22. Grant Avenue Street Reach

- Volunteers serve a free hot meal every Monday (even holidays) for the homeless at St. Paul Lutheran Church.
- **Action:** You may help serve any Monday between 10:00 am–7:00 pm. Food preparation begins at 10:00 am, with serving from 1:00–5:00 pm, and clean up from 5:00–7:00 pm. The times of greatest need for help occur from 10:30 am–2:00 pm. Come any time that works best for you and stay an hour or all day, whatever is best for you. You can also bring baked goods to St. Andrew by 10:00 am on Monday mornings for delivery that day.
- **Contact:** For more information go to www.stpauldenver.org or call 303.839.1432.

23. The Green Team Project

- Founded in 1996, the Green Team Project is a grass-roots environmental non-profit project of the Tides Center that focuses on environmental education and community outreach. It's mission is to educate and support Americans in taking action to practice more environmentally sustainable lifestyles.
- **Action:** Organize a group of friends, neighbors, co-workers or fellow church members to form your own Green Team where you can learn about various aspects of personal consumption and tips on how to lessen the impact in your own life. The goal is to change long-term behavior and habits and foster environmental stewardship in each participant. If you don't want to organize a team, just join one that already exists by visiting the website.
- **Contact:** For more information on how to start a Green Team or join an existing team go to www.greenteamproject.org or contact Kristin Ward at 720-379-5978.

24. Habitat for Humanity

- Habitat for Humanity of Metro Denver builds and sells homes to hard-working people in need of decent and affordable housing. We are an independent affiliate of Habitat for Humanity International, a non-denominational Christian housing ministry and global home-building movement.
- **Action:** The Bails Townhome Community is Habitat's first green, transit-oriented development in metro Denver. This unique project will help change the lives of 24 low-income families who will become homeowners for the first time. Bails Townhome Community is located in the thriving Virginia Village neighborhood, near I-25 and Colorado Blvd. Situated within ½ mile of the Southeast corridor light rail. Habitat for Humanity of Metro Denver is going to need over 100 volunteers each day at the Bails Townhome Community site. Please consider volunteering yourself or getting a group of friends, family or coworkers together to participate in our Adopt-a-Day program.
- **Contact:** Learn more about volunteer opportunities and sign up to volunteer work site online at habitatmetrodenver.org or contact Jeanne Fischetti at Jeanne@habitatmetrodenver.org or call 303-534-2929 ext. 313.

25. Heifer International

- The mission of Heifer International is to work with communities to end hunger and poverty and care for the Earth. Since 1944, Heifer has helped 10.5 million families in more than 125 countries move toward greater self-reliance through the gifts of livestock and training in environmentally sound agriculture. The impact of each initial gift is multiplied as recipients agree to pass on the gift by giving one or more of their animals' offspring, or the equivalent, to another in need.
- **Action:** When you have a gift to give to teachers, coaches, friends or relatives, try replacing store-bought items with the gift of hope through Heifer given in their name. For as low as \$20 you can help children and families around the world receive training and animal gifts that help them become self-reliant. Your friends and family will love the thoughtfulness of such a meaningful gift!
- **Contact:** Go to www.heifer.org to give a gift of hope and print or email a gift card.

26. Interfaith Community Services

- Inter-Faith Community Services provides basic human services and enrichment programs to low-income people using community resources, serving the people of the South Metro Denver area. All programs are designed as a "hand up, not a hand out," are intended to get people back on their feet and on their way to self-sufficiency and are delivered in a manner that preserves the dignity and sense of self-worth of all clients.
- **Action:** St. Andrew members participate in the IFCS "Ready, Set, School" program by donating backpacks filled with school supplies and clothes for the first day of school in July and through the Adopt-a-Family program during the Christmas season. In addition to these two programs, many people donate non-perishable food and gently used clothing at St. Andrew, which is taken to IFCS for distribution. Many other opportunities exist directly through IFCS.
- **Contact:** Maria Pearson at 303-789-0501 ext. 226 or mariap@ifcs.org. Visit the website at www.ifcs.org.

27. Interfaith Hospitality Network (IHN)

- IHN's mission is to help homeless and low-income families achieve sustainable independence. Through a unique partnership with diverse communities of faith, Interfaith Hospitality Network (IHN) provides emergency shelter, meals and supportive services to families experiencing homelessness in the Greater Denver area. IHN of Greater Denver meets the guests' basic human needs with a spirit of warmth and compassion.
- **Action:** St. Andrew hosts IHN families four times per year, and there are many ways to become involved, including making dinner and eating with the families, playing with children, driving families to the day site or setting up and tearing down bedrooms. Our dates to host IHN families in 2010 are February 14 – 21, May 16 – 23, September 5 – 12 and November 14 – 21.
- **Contact:** For more information on IHN, please go to www.interfaithhospitality.org. To volunteer or donate items to meet IHN needs, please Chris Woodbury at 303-862-9919 or cdw5262@msn.com. Or check out the sign-up board at Base Camp in the weeks prior to the dates above.

28. Jeffco Action Center

- Founded in 1968, the Jeffco Action Center provides immediate responses to basic needs, while promoting pathways toward self-sufficiency. It serves those in Jefferson County, including the homeless.
- **Action:** Volunteer opportunities include assisting with the food pantry, clothing bank, "household running," client services counseling, donations dock, client service desk, shelter outreach, tenant/landlord counseling, Santa Shop, Meals-On-Wheels, and phone reception. Special events such as the "Beautiful Junk Sale" serve as fundraisers.
- **Contact:** Barbara Penning at 303-237-7704 or visit www.jeffcoac.org/Int/volunteer-ongoing.html.

29. Just Faith Ministries

- JustFaith Ministries provides programs that transform people and expand their commitment to social ministry. Through these life-changing opportunities, members of this 30-week class can study, explore and experience Christ's call to care for the poor and vulnerable in a lively, challenging, multifaceted process in the context of a small faith community.
- **Action:** Sign-up for a JustFaith class at St. Andrew through the Pathways Ministry in August and September. St. Andrew has over 45 JustFaith graduates, so if you want to know more just get in touch with one of them!
- **Contact:** Jeri Dwyer at 303-468-6838 or jdwyer@st-andrew-umc.com for more information.

30. Kibera Sanitation Education

- Kibera, located within the heart of Nairobi, Kenya, is one of the most impoverished urban slums in the world. Almost one million people live without basic human services such as clean water and proper sanitation, electricity, or other infrastructure. In 2005, the Rotary Club of Denver Southeast and the Rotary Club of Langata-Nairobi initiated an effort to bring safe drinking water, latrines, and bath/shower houses to the Silanga neighborhood of Kibera. The University of Denver more recently joined as a partner in applied research and outreach.
- **Action:** Opportunities exist to assist with outreach, education (including of interested persons within the U.S.), and fund raising. Special events can be organized to assist in the latter regard.
- **Contact:** Peter Van Arsdale at 303-770-1612, 303-871-3281, or pvanarsd@du.edu.

31. Kids Against Hunger

- The mission of Kids Against Hunger, a humanitarian food-aid organization, is to significantly reduce the number of hungry children in the USA and to feed starving children throughout the world. South Denver Kiwanis collects donations, purchases the food and gets volunteers to package the food. It then gives the food free of charge to hungry children. 20% of these meals are delivered to local food banks. The balance is shipped to feed starving children all over the world.
- **Action:** This year the Denver organization will ship over 50,000 meals to Haiti, Africa and Viet Nam. Their goal is to pack and ship more than 250,000 meals in 2010. Past packaging events have been held at Mile High Academy, South High School, Cherry Creek High School, Mountain Vista High School and Arapahoe High School.
- **Contact:** [Kenward Bradley@comcast.net](mailto:KenwardBradley@comcast.net) or by phone at 303-478-9888 for more information on how to volunteer for this unique opportunity.

32. Kiva.org

- Kiva's mission is to connect people through lending for the sake of alleviating poverty.
- **Action:** Got few extra dollars to share in the name of Justice? That's all it takes to participate in Kiva.org's micro-loan program. For \$25 you can be part of an individual or families transition out of poverty and into self-reliance by helping to re-pay their micro-loan.
- **Contact:** To get involved, or to kiva.org or call 415- 358-7512.

33. Littleton Immigrant Integration Initiative

- Littleton's "3I" program connects immigrants and refugees with relevant information sources, educates newcomers and current residents about each others' cultures, and encourages newcomers to become citizens and become involved in the life of the community. The program is the recipient of the E Pluribus Unum Award recognizing exceptional immigrant integration initiatives.
- **Action:** Volunteer opportunities exist in helping staff the One-Stop Information Center at Bemis Public Library, mentoring newcomers as they prepare for citizenship exams, tutoring with ESL, assisting and interpreting with workshops and special events, seeking corporate support, and hosting gatherings.
- **Contact:** Alejandra Harguth, Immigrant Information Coordinator, at 303-795-3968 or aharguth@littletongov.org. Send e-mail messages to webmaster@connectingimmigrants.org.

34. Love, Inc.

- The mission of Love INC of Littleton is to mobilize the churches in the Littleton, Colorado area to help our neighbors in need. We are a network of churches that links church ministries and volunteers to people in need. We work cooperatively with churches, nonprofit agencies and county services (including Jefferson, Arapahoe and Douglas counties) to provide help for the disadvantaged.
- **Action:** Compassionate intake call receivers are needed to fully staff the Clearinghouse Monday, Tuesday or Wednesday mornings. Many other ongoing and one-time opportunities exist.
- **Contact:** To learn more go to www.loveinlittleton.org. Call Doug McKinney at 303-946-7342 or email doug@loveinlittleton.org to get started.

35. Motown Mission Experience: Nehemiah Project

- Detroit has been devastated in this recession; the Motown Mission Experience is a United Methodist Church mission that provides economic disaster recovery work projects for those of us called to help people through an urban mission.
- **Action:** Join Jerry Hershops and Jeri Dwyer on a week-long adult mission trip to Detroit where you can choose between three types of service: building (saving neighborhoods), greening (making gardens in neighborhoods that have been abandoned) and feeding people. There will also be plenty of opportunities to explore the cultural diversity of Detroit. Trip dates are June 27 through July 3.
- **Contact:** For more information on this mission opportunity contact Jeri Dwyer at 303-794-2683 or jdwyer@st-andrew-umc.com. Information can also be found at Base Camp. Please also visit the Young Leaders Initiative website at www.youngleadersinitiative.org/motown.

36. No More Deaths/No Mas Muertes Mission Trip

- No More Deaths is an organization whose mission is to end death and suffering on the U.S./Mexico border through civil initiative: the conviction that people of conscience must work openly and in community to uphold fundamental human rights. Our work embraces the faith-based principles for immigration reform and focuses on the following themes: Direct aid that extends the right to provide humanitarian assistance, witnessing and responding, consciousness raising, global movement building, and encouraging humane immigration policy.
- **Action:** Join a group from St. Andrew on an immersion/mission trip to Tucson, Arizona from April 8–11 to provide basic humanitarian assistance to people attempting to cross the US border.
- **Contact:** Laura Dravenstott at laura@dravenstott.com, or Jeri Dwyer at 303-468-6838 or jdwyer@st-andrew-umc.com for more information.

37. New Beginnings Church

- New Beginnings Church is a church community located inside the Denver Women's Correctional Facility in Colorado. We are members of the Rocky Mountain Synod of the Evangelical Lutheran Church of America (ELCA).
- **Action:** Join us for Friday night Bible studies and church services lead by Pastor Emily Cardin with the help of several volunteers. All visitors need to be 21 or older and have a simple background check completed two weeks before visiting.
- **Contact:** Kathy Melies at 303-831-7023 or Kathy@oslcdenver.org. For more information and to download the Background Check Request Form, please go to www.newbeginningsdwcf.org.

38. The ONE Campaign

- The ONE Campaign is an educational nonprofit organization that raises awareness about the importance of fighting extreme poverty and preventable disease, particularly in Africa. Their ultimate goal is to end world poverty by 2015.

- **Action:** Help ONE achieves change through advocacy by becoming a ONE member (it's free!) and become educated about the issues that affect those living in extreme poverty. You can be an advocate for your brothers and sisters living in poverty and hold world leaders to account for the commitments they've made to fight poverty. Also, you can attend the Reach Across America Tour in summer 2010. 3rd Millennium Group, Rush Soccer & it's REACH program, along with the other Denver Youth Development Partners, will be teaming up to visit major cities and universities across all 48 continental states to collect sporting gear and charity items bound for the less fortunate across the globe.
- **Contact:** For information, member sign-up, petitions, etc. go to www.one.org or call 202-495-2700.

39. Project Angel Tree

- Angel Tree is a ministry that reaches out to the children of inmates and their families with the love of Christ. Project Angel Tree provides gifts to children who have a parent in prison on behalf of that parent. In the end, it's so much more than giving Christmas gifts-it's about restoring families.
- **Action:** Contact families to determine appropriate gifts for the children, sign up to adopt a child or volunteer to help deliver gifts to the families. Sign up to adopt a child starting the first day of Advent. Tree and sign ups are at base camp (near the front office). A collection box for gifts will be located near the main office. Gifts will be collected through December 15.
- **Contact:** Blair Carlson at 303-694-9237 for information on how you can become involved in Project Angel Tree at St. Andrew. To learn more about Project Angel Tree, go to www.angeltree.org.

40. Project CURE

- Founded by Colorado's James Jackson in 1987, Project CURE is an international organization which has shipped medical supplies and pieces of medical equipment to over 100 countries with demonstrated needs. The CEO currently is Jackson's son, Doug Jackson. Several persons with ties to the University of Denver work for the organization.
- **Action:** Teams of volunteers inventory supplies and equipment, pack shipping containers, assist with office administrative work, and occasionally travel overseas as part of outreach initiatives. Student volunteers serve as interns.
- **Contact:** Further information can be obtained by phoning Claire Cunningham at 303-792-0729 or at denvervolunteers@projectcure.org. More general information can be obtained at www.projectcure.org.

41. Project Glean with COMPA Ministries

- COMPA Ministries, COMPAssion In Action: Developing marketable job skills among homeless and low-income individuals in transitional programs is the first step in enabling them to secure a meaningful job that provides a living wage and starts them on the path of self-sufficiency. The acquisition, production and distribution of healthy food to the "working poor" helps to prevent homelessness by saving them money at the grocery store which can be applied to rent and utilities and keeps them on the path to self-sufficiency.
- **Action:** In September and October take your family to help harvest local farms with your own hands! Gleaning takes place every Saturday after Labor Day in September and October. Weekday gleans are also available, and appreciated. The food harvested goes to thousands of people served by COMPA.
- **Contact:** Kevin Finder at 303-294-0272 ext.106, or kevin@compa.org to schedule a date for your own family or a group.

42. Reconciling Ministries

- Reconciling Ministries Network mobilizes United Methodists of all sexual orientations and gender identities to transform our Church and world into the full expression of Christ's inclusive love. Reconciling Ministries Network envisions a renewed and vibrant Wesleyan movement that is biblically and theologically centered in the full inclusion of God's children. Reconciling Ministries Network is committed to making disciples of Jesus Christ for the transformation of the world by living out the Gospel's teaching of justice and inclusion.

- **Action:** St. Andrew is in the final phases of determining if we will become a reconciling church. Please attend the upcoming forum on this issue on Sunday, February 21 and get your questions answered and have your voice be heard.
- **Contact:** Kristen Garrison for more information at kgforester@comcast.net. To learn more about Reconciling Ministries Network, go to www.rmnetwork.org.

43. St. Paul's Soup Kitchen

- St. Paul's United Methodist Church serves a hot, sit-down meal to over 300 people every Sunday in its fellowship hall. Located in downtown Denver, St. Paul's UMC started the Sunday Meal Program in 1987, in response to the needs of the hungry. Many other programs are open six days each week, with options for food being more limited on Sundays.
- **Action:** The second Sunday every month, from 7:00–9:30 am, a team of six volunteers participate in this fellowship by preparing and serving the morning meal and cleaning up afterwards.
- **Contact:** If you would like to be a part of this rewarding experience, contact St. Andrew member Erin Swyers, erin_swyers@hotmail.com or by calling 720-344-2470.

44. TLC Meals on Wheels

- TLC Meals on Wheels is a private, non-profit organization dedicated to meeting the nutritional needs of our neighbors. A healthy, hot meal is delivered by caring volunteers to our clients' door at lunch time Monday through Friday, for only \$4 per day.
- **Action:** Become a route driver and deliver meals using your own vehicles. You provide not only food, but a visit from a friend. Route drivers deliver meals on a regular schedule, usually weekly. Opportunities for groups and organizations are available.
- **Contact:** For information or to apply to volunteer, visit www.tlmealsonwheels.org or call 303-798-7642.

45. Third Way Center

- Third Way Center strives to provide a continuum of services in a home-like environment where high-risk, homeless, mentally ill and disadvantaged youth can work through their problems, learn to take responsibility for their actions and become productive members of society.
- **Action:** Third Way Center is seeking people to be mentors for the youth they serve. Those who wish to mentor a youth must pass a rigorous background check, commit to a full year of service and be willing to show up consistently at a designated time each week.
- **Contact:** If you are interested in volunteering or learning more about Third Way Center, call 303-780-9191, or email Tami Lack at lack@thirdwaycenter.org.

46. Urban Peak

- Urban Peak works with homeless and runaway youth between the ages of 14 and 24 years of age in Denver and between the ages of 15 to 21 in Colorado Springs. It provides a safe and caring place to facilitate its clients' transition from homelessness. Urban Peak offers assistance in both Denver and Colorado Springs in numerous, meaningful ways, including access to housing, healthcare, counseling, and completion of school instruction and obtaining a GED. If a person is either older or younger than the ages it serves, Urban Peak will assist in locating an appropriate shelter or needed support.
- **Action:** Urban Peak seeks assistance within the metropolitan communities it serves from both organizations and individuals as mentors, fundraisers and more. Current needs include everything from helping organize the contents of several storage units to serving meals to its clientele.
- **Contact:** Karen Motley-Smith at 303-974-2909 or info@urbanpeak.org for specific information about current opportunities.

47. Warren Village

- Warren Village is a unique family community helping motivated low-income, previously homeless single parent families move from public assistance to personal and economic self-sufficiency through subsidized housing, on-site nationally accredited child care, intensive case management, educational guidance and career development.
- **Action:** Individuals, families or groups assist with evening child care, enrichment programming or special events for children ages six weeks to twelve years on week-day evenings. Minimum commitment is once a month for three months. Child care volunteers for events are scheduled as needed. Youth (age 14 and older) and adults are welcome as volunteers and child care arrangements can be made for younger children of adult volunteers. Families and Groups are welcome to volunteer together. Child care is a necessity while residents attend evening life skills classes.
- **Contact:** For more information contact Ashley Koe at akoe@warrenvillage.org.

48. Women's Bean Project

- Since 1989, Women's Bean Project has been dedicated to helping women break the cycle of poverty and unemployment. Our Mission: *To change women's lives by providing stepping stones to self-sufficiency through social enterprise.*
- **Action:** Come for a tour! On the first Friday of each month we host our BeansTalk Tours. Come see the women at work and sample our products. 3201 Curtis St., Denver 80205, from Noon–1:00 pm. Can't come here? Let us come to you. We'd be happy to bring a BeansTalk in a Box to you. Great for book clubs, neighborhood gatherings or workplaces.
- **Contact:** For more information or to RSVP contact dianal@womensbeanproject.com or 303-292- 1919 ext. 114.

49. Women's Crisis and Family Outreach Center of Douglas County

- The WCFOC is dedicated to reducing domestic violence and family conflict through advocacy, empowerment, violence prevention and intervention, services and education.
- **Action:** Become a crisis line volunteer, provide free legal assistance, get a group together and help clean the shelter or prepare a movie night for the families staying at the shelter. WCFOC has many opportunities to help out and they are always open to new ideas!
- **Contact:** Renee Forsyth at rforsythe@twcfoc.org or call 303-688-1094 to discuss options which would work for you.

50. Youth Mission Trips

- As United Methodists we are called to uphold the church with our prayers, presence, gifts, service and witness. One of the ways we can uphold the church with our presence and service is by helping others throughout the world. Mission opportunities can be life-changing events and require dedication, hard work and a will to serve.
- **Action:** There are five mission opportunities for youth this spring and summer:
 - **Spring Break Mission to Belize:** March 20–27, continuation of building at Forest Home Methodist School, plus some recreational exploring
 - **Mixed Mission to Belize:** June 25–July 5, continuation of building at Forest Home Methodist School, plus some time on the beach
 - **High School Mission to Pine Ridge, South Dakota:** July 25–August 1, working on Pine Ridge Indian Reservation, plus cultural immersion experiences
 - **Middle School Mini Mission to Alamosa, Colorado:** July 11–15, work with Colorado Christian Community Services on simple construction projects
 - **Mixed Mission to Guatemala:** July 13-22, work on construction of a medical and dental clinic in San Juan La Laguna, plus some sight-seeing
- **Contact:** Cindy Klick, Director of Youth Ministries, cklick@st-andrew-umc.com or call 303-468-6829.