

## RAINBOWS FACT SHEET

**Established:** 1983 by Suzy Yehl Marta

**Rainbows** is an international not for profit organization that assists children and their families who are grieving a death, divorce or other life-altering crisis.

**Rainbows** offers training and curricula to establish peer support groups in schools, faith communities, hospitals, and social service agencies at no cost to participants or their families. These support groups provide grieving children with an opportunity to deal with and resolve their feelings in an accepting environment.

**Rainbows** sites enroll children from all economic, racial, ethnic and religious backgrounds.

Since 1983 **Rainbows** has served over 1.6 million children

**Rainbows** operates in 49 states and 16 foreign countries

There are more than 40,000 trained volunteers in the **Rainbows** program

Each year **Rainbows** reaches over 160,000 children and youth at 4,100 sites in the United States and 2,338 children abroad.

**[www.rainbows.org](http://www.rainbows.org)**



*PROVIDING A BRIDGE*  
to emotional healing  
for  
children and adolescents  
confronting death, divorce,  
or  
other painful family transition...

St. Andrew United Methodist Church  
9203 South University Blvd.  
Highlands Ranch, CO 80126  
(303) 794-2683

	NAME(S) OF CHILD/YOUTH	AGE	DATE OF BIRTH	GRADE
Address:				
Email:				
Name of Parent:				
Is Parent participating in parent group? (Meets at same time as Sunbeams/Rainbows)				
Is childcare needed for children too young to participate in Sunbeams?				
Reason for considering Rainbows (please indicate divorce or death, etc. and how recent)				

## RAINBOWS IS...

...a peer support program for youth and children kindergarten through 12th grade who have experienced a loss due to death, divorce, separation, or other painful transition

...small, age-level support groups where participants meet with others in similar circumstances in the following levels:

Sunbeams: Kindergarten  
Level 1: Grade 1  
Level 2: Grades 2-3  
Level 3: Grades 4-6  
Level 4: Grades 7-8  
Level 5: Grades 9-12

...participants learning to talk about feelings, sort through confusion and anger, and begin the healing process

...trained, caring adults guiding participants in understanding their feelings and learning to cope in healthy ways

...offered at St. Andrew United Methodist Church to all children in the Metro area for no charge

...a setting where conversations are kept confidential with children and facilitators signing confidentiality agreements that foster trust and provide a safe atmosphere

## SUNBEAMS IS...

...a special **Rainbows** curriculum recommended especially for children in kindergarten

...materials and activities designed specifically to help the very young understand and express their feelings of grief and loss

...groups guided by trained, caring adults

...sessions where conversations are kept confidential

### Meeting time and dates:

**Session I: Fall 2011**

Mondays 7–8 pm  
Sept. 12 – Oct. 24  
Dec. 5 – Bridge Night  
*(a chance to touch base during the holiday season)*

**Session II: Winter 2012**

Mondays 7–8 pm  
Jan. 23 – March 12 *(will not meet Feb. 20 due to President's Day)*

### St. Andrew contact:

Christy Boyle; 303-794-2683 x 114  
cboyle@st-andrew-umc.com



## PARENTS...

...whose children are participating in the **Rainbows** program can attend a support group that meets at the same time as **Rainbows**

...can understand and become more attuned to their child's grief process

...will learn how to support and care for their family during a time of transition

...attend sessions that are confidential due to the personal nature of sharing and the supportive structure of the group

...have childcare for children too young for **Rainbows** while participating in the parent group.

## TO REGISTER...

You can register by completing the registration form on the back and submitting it any of the following ways:

Mail: St. Andrew UMC  
9203 South University Blvd.  
Highlands Ranch, CO 801216

Fax: 303-794-2852

Email: cboyle@st-andrew-umc.com

Childcare: 303-794-2683 x151