



THE MESSENGER

Monthly news for the people of St. Andrew United Methodist Church

Celebrating the Season of Hope



Advent Recital Series:

Take a mid-week break and hear some beautiful music of the season each Wednesday through December 21, 12:10 pm. Invite your neighbors and friends - the recitals are free! A light lunch is offered for the suggested donation of \$3.50. Performing this season: St. Andrew Sisters, Frank Perko, Organist, and Expressions of the Soul.

The Celebration of Christmas:

Join us Thursday, December 8 at 7:30 pm, or Saturday, December 10 at 4:00 pm to enjoy the exciting sights and sounds of Christmas! Narration and a full orchestra will accompany the St. Andrew Children's Choir, Holy Pretzels Youth Choir and Reunited college choir, the Charles Wesley Choir, as well as the Men's Choir, Handbells, and Silent Message Dance Ensemble. The concert will feature a special arrangement of *The Nutcracker* with bells, dancers and orchestra. No tickets needed. Freewill offering.

SPECIAL WORSHIP SERVICES

Friday, December 23: Preve Service, 7:00 pm

A pre-Christmas Eve service with a message from Dr. Harvey Martz and music by the Charles Wesley Choir, Reunited college choir and the Holy Pretzels Youth Choir.

Saturday, December 24:

Christmas Eve Candlelight Services

- Noon Communion, Rev. Cindy Bates preaching with Mark Van Arsdale, Soloist
- 3:00 pm Children's Service with a drama by Jenny Ricklefs; music by the Children's Choirs
- 5:00 pm Rev. Cindy Bates preaching with music by Reunited college age choir and Mark Van Arsdale, Soloist
- 7:00 pm A Christmas message by Lisa Petty; music by the Handbell Choirs and Holy Pretzels Youth Choir
- 9:00 pm Dr. Harvey Martz Preaching; music by the Charles Wesley Choir and St. Andrew Sisters
- 11:00 pm A Christmas message by Jenny Ricklefs, with Keith Ferguson, Soloist

Sunday, December 25: One service, 10:00 am

Led by Rev. Cindy Bates and other staff members. A family friendly service with singing of Christmas carols.

Sunday, January 1: One service, 10:00 am

A Celebration of John Wesley's Covenant Service to begin the New Year. Message by Schawn Kellogg; Communion led by Rev. Cindy Bates. A "British Tea" celebration in Fellowship Hall immediately following the service.

Blue Christmas: A Service of Comfort and Hope

Sunday, December 11, 5:00 pm, at St. Andrew. For those who are living with the loss of a loved one, depression, broken relationships, loneliness or just the need to step away from the chaos of the season. Through music, scripture, prayer and candlelight, we acknowledge the pain and look toward the hope to come. Come as you are. All are welcome!



From the Senior Pastor

Special Announcement by Harvey Martz



After much discernment, prayer and reflection that Judy and I have done recently, I have announced to the Bishop and our congregation that I will be retiring from St. Andrew church on June 30, 2012. By that time, I will have served this unique congregation for eighteen great years. We have been through enormous changes together that have helped us become a model

congregation in American Methodism. I will be 69 at that time and Judy and I, while we are still in excellent health, want to travel together. I have also been asked to consider teaching in a couple of United Methodist Seminaries and I want to be able to share the St. Andrew story about strategic change and mission centered ministry with others who are going into pastoral ministry in a declining denomination.

Judy and I feel sad about leaving people we love and leaving people who have been with us on this tremendous seventeen year journey together and we are also looking forward to this next chapter in our lives!

I believe that this transition time will be the right timing for our family and also for our church. We will be through our Spring 2012 capital campaign and the new lead pastor will not have to do that here for about two more years.

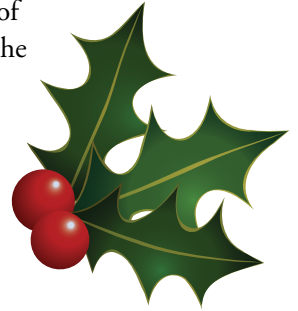
Cindy Bates has indicated to the Bishop and our SPRC that she wishes to remain here as our Senior Associate Minister, and this church will continue to be blessed by her leadership and her wise counsel.

We have had a team of members and leaders involved in succession planning over the past nine months and they will be meeting regularly to discern what we hope this congregation will look like over the next fifteen years and then defining the leadership traits and characteristics needed to move toward that vision. The names of members of that team and of our Staff Parish Relations Committee

(SPRC) have been published in our recent emails and they will be pleased to receive your ideas and input.

One other factor in this whole transition process is a very thorough 26 page report from our three days with Consultant Doug Anderson who has given us an

insightful blueprint for the next few years of life in this congregation. My two-page summary of Rev. Anderson's report is available on the St. Andrew website and on the sermon wall at St. Andrew. I encourage you to read it for both the good things we are currently doing and for his suggestions for strategies to take us to "the next level."



My strong commitment and desire in my next eight months as your Lead Pastor is to help us be in the best possible spiritual and economic health we can be as I retire next year from this most special community of faith!

Blessings on each of you!

New Associate Pastor coming to St. Andrew

Most of our readers will know by now about the appointment, as of January 1, 2012, of our new Associate Pastor, the Reverend Dale Frederickson. Dale has been the pastor-in-charge at Rifle United Methodist Church in Rifle, Colorado, where in the past 18 months the worship attendance has increased by 65% as he developed a group of young families and young adults who were not involved in a church before he came. Dale will be working to develop ministry with young families and persons under 40 or "post moderns," as our recent consultant, Doug Anderson, has called this group.

We learned from Doug Anderson that there are 189,000 "unchurched" people who live within a five mile radius of St. Andrew. Half are under 40. We believe this means there is a tremendous opportunity for our vital congregation to reach out and offer a spiritual home to these persons.

Those who have met Dale are very enthusiastic about his coming to join Cindy Bates and me on staff, and Dale is most pleased to become part of the St. Andrew clergy team. He likes working with teams and worked for four years on a large church staff in Anaheim, California, before he was appointed to Rifle.

Dale and Stacy have two children who are six and two and a half years old. I think our congregation will like this family a lot and we will benefit in our spiritual growth by Dale's leadership.

A handwritten signature in cursive that reads "Harvey Martz".





*The Fredrickson Four
Dale, Stacy,
Iree, and Trey*

Profile of Our New Associate Pastor, Dale C. Fredrickson

A Message from Roxane White, Chair of the St. Andrew Staff Parish Relations Committee

The members of the SPRC are pleased to inform you that after several months of working on our strategic and succession planning, and working with our consultant, Doug Anderson, we have an announcement about a new Associate Pastor. Bishop Elaine Stanovsky intends to appoint Dale Fredrickson as Associate Minister, effective January 1, 2012. Dale Fredrickson will bring incredible skills and energy to our Church.

The Conference generally does not make January placements but worked with us to find the “right fit.” Dale visited our congregation when he was a student at Colorado Christian University and Iliff Seminary. He worked as an Associate Pastor in Anaheim, California, in a large church which was in transition. In Anaheim, he was responsible for creating ministry teams to focus on increased attendance and the young adult ministry. He is the lead pastor at Rifle United Methodist Presbyterian Church in Rifle, Colorado, since 2010 and during that time attendance has grown by 65%. He brings a passion for Christianity and outreach, a desire to create worship which is ‘bursting with energy’ and a deep passion for creative Bible teaching.

We are confident that you will be as energized as we were by his deep commitment to ministry, his experience and his skills.

Following is an excerpt from Dale’s Facebook Page (<https://www.facebook.com/dale.fredrickson1>)

Friends and Family,

The adventure continues for the Fredrickson Four. It is with sadness and excitement that we will be leaving Rifle and moving to Highlands Ranch. The position as an Associate Pastor will allow me to focus on my gifts of teaching, worship innovation, and relationship building. My primary responsibility will be creating, leading, and empowering a dynamic worship service for young families. We look forward to meeting, getting to know, and growing with the beautiful people that make up the St. Andrew UMC family. Stacy looks forward to being closer to our friends and family as well as pursuing some passions of her own. Trey is sad about the move, but told me the other night that he was excited for “Water World” and being closer to Grandma Claire. After Trey got a tour of St. Andrew UMC he told me that it was, “The most awesomest church ever.” Iree doesn’t know what to make of all that’s been stirring in our home, but we look forward to the pure joy of watching her grow.

As always, our lives have been made meaningful by your ongoing support and love.

Check out some of Dale’s work at <http://vimeo.com/user5246846/videos>.

Upcoming Events from Music and Arts

The Denver Gay Men's Chorus presents:

Come Home for the Holidays, their 30th annual holiday concert! Come hear the wonderful music of the DGMC as they share the joy and love of the Christmas season. Songs include *You're Home for the Holidays* and *From This House* as well as the brand new *I Carry Your Heart With Me* and the Solstice carol *Wake, O Earth*. The concert also includes standards like *Frosty the Snowman* and the hilarious *Dance of the Sugar Plum Fairy*. The concert is on Sunday, December 18 at 2:00 pm in the St. Andrew sanctuary. Tickets and info about other performance times are available at www.rmarts.org or www.dgmc.org, or call 303-325-3959.

Second annual Chocolate Swirls Valentine concert and dance: Saturday, Feb. 11, 7:00-9:30 pm. Featuring the Jazz Cookers dance band. Come enjoy a night of dancing and jazz with friends or with your Valentine. The night includes chocolate fountains, fresh bakery goods, and ... did we mention chocolate? Tickets are \$25 per couple, \$15 single and are available in the church office, at the Music and Arts Ministry table in Fellowship Hall, or on the church website.



Opportunities in the Music and Arts Department:

Come start off your New Year with music!

The Music and Arts Department has many opportunities for you to get involved. We have an orchestra, handbell choirs, vocal ensembles, and several choirs. We would love to have you join us. All abilities and ages are welcome! Contact the Music Office, 303-794-2683 x125, for more information.

Attention all children in

grades K-5: If you love to sing, want to make new friends, learn about music, and have a great time doing it, we would like to invite you to join the Children's choirs. You may join us ANYTIME during the school year on Wednesdays from 4:30–5:30 pm. Contact Ann Guerin for more information, 303-794-2683 x108, aguerin@st-andrew-umc.com.

Holy Pretzels Youth Choir

Rehearsals are each Sunday from 4:30–6:00 pm. All youth in 6th–12th grades are welcome! This year we will present a musical in the spring, so keep an eye out for future announcements.

For more information, contact Elizabeth-Ann Rowilson at earowlison@st-andrew-umc.com or 303-947-3825.

Please contact the Music and Arts Ministry office for more information: 303-794-2683 x 125, ckolar@st-andrew-umc.com or lgrenz@st-andrew-umc.com or check the church website for more information.

The St. Andrew Charles Wesley Choir
Presents the 2nd annual
Chocolate Swirls
Valentine Concert & Dance
Saturday, February 11, 2012
7:00 – 9:30 pm
Featuring the *Jazz Cookers* Dance Band

Tickets: \$25/couple, \$15/single
Available in the church office, at the Music & Arts Ministry table in Fellowship Hall or on the church website

Enjoy a night of dancing and Jazz with friends or with your Valentine. The night includes chocolate fountains, fresh bakery goods, and ... did we mention chocolate?
Proceeds will benefit the Music and Arts programs at St. Andrew



Festival Choir Experience -- Mozart Requiem:

The first festival choir experience for 2012 is the Mozart *Requiem*. The *Requiem* will be presented as part of the Good Friday service on April 6 at 7:30 pm. Rehearsals begin on Wednesday, February 15 from 7:15–8:15 pm. See the Music and Arts page at www.st-andrew-umc.com for more information and a complete schedule.

Outreach Christmas Sharing Opportunities



Project Angel Tree

For several years St. Andrew has supported Project Angel Tree, a ministry for families who have been impacted by the incarceration of a parent or guardian. The incarceration of a parent or guardian affects related family members in many ways: financially, emotionally and psychologically. Through Project Angel Tree, St. Andrew is able to help 60 children of these families. There are several ways to get involved in this ministry which provides clothing and a gift for each child. Here's how you and your family or class can get involved:

- (1) Staff the sign up table on Sunday morning, December 4
- (2) Buy a gift and clothing item for a child
- (3) Deliver gifts to families mid-December.

For more information, please contact Barb Wilkinson, 720-344-6078 or BarbLWilkinson@comcast.net.

Adopt-a-Family for the Holidays with Family Homestead

Help make this holiday season a happy time for the clients of Family HomeStead. St. Andrew is a long-time supporter of Family HomeStead's program which provides emergency and transitional housing and case management for homeless families with children. Donors provide gifts for a specific family or generic items to be given to families entering the program just before Christmas. You may contribute a check, payable to Family HomeStead, and designated to gift cards. Cards will be purchased and given to clients as needed just before Christmas. No grocery store food coupons or discount store gift cards are accepted. **Contact Judy Mugler by Dec 4, 303-623-6514, judy@familyhomestead.org,** for more information on how you can help.

Alternative Gift Market

Purchase a gift card for local and international organizations in lieu of a present. Visit the Market Shop in Fellowship Hall through December 18 and select your gift card for a haircut, immunizations for homeless children, and much more. For more information contact Bev French, 303-791-6273 or beverleyfrench@msn.com.

Outreach Giving Tree

A team of people is creating ornaments to sell to benefit the Homeless Task Force, St. Paul UMC Breakfast Program and the new Prison Ministry at St. Andrew. Volunteers are needed to help make the ornaments. Please contact Marylou, 303-792-9933, or Carol, 303-660-9438.

Warren Village Holiday Shop

Donations of NEW gifts for infants, toddlers, children, teens, and adults are needed. (NO stuffed animals please.) Children shop independent of their parents at two different sites and the gifts are wrapped before they take them home. To sign up or for information contact Meredith Villiers, 303-320-5032, or mvilliers2@warrenvillage.org. Please check the Outreach Ministry page on the St. Andrew website for suggested items. Bring UNWRAPPED items to the Depot December 5-9.

Prison Ministry

St. Andrew has initiated a Prison Ministry to mentor those formerly incarcerated in Colorado's penal system, either jails or prisons. They are also working toward establishing a Pen Pal program and other programs in the near future. People who are interested in becoming mentors, or in working on the Prison Ministry effort, may contact Patrick Hellman, Patrick@jphellman.com, or Jeri Dwyer, St. Andrew Director of Outreach, jdwyer@st-andrew-umc.com, 303-468-6838. This is a long term and varied ministry where opportunities to serve will take many forms and where the focus is on Jesus' teaching to serve the "Least of These."

Loaves and Fishes Couponing Ministry

How you can help:

1. Find coupon inserts (Red Plum, Smart Source, Proctor & Gamble) in the Sunday newspaper.
2. Browse the inserts and clip what you need for your family.
3. Drop the remaining **intact inserts** in the "Coupon" box in the Outreach Depot. (No single coupon, please.)
4. Become a St. Andrew Strategic Shopper.



For more info visit the Outreach page on the church website or contact Jacquelynn Pleis, jpleis@cherrycreekschools.org.

Come help us organize, sort and shop to bring blessings to others!

Global Warming: Changing CO2urse

Sundays, January 8-29, 10:30-11:30 am. Learn about the history and science of climate change and how we're involved; new strategies to address climate change; personal action can we take; and explore individual and collective power to shape an effective response to climate change. Led by Joy Jamison, St. Andrew member and Colorado Interfaith Power and Light board member



God and Me; God and Family

December 14 is the deadline to sign up for God and Me; God and Family classes that begins Sunday, January 8. The God and Country Series has been developed to help young people grow in their understanding of the Christian faith, to see how other people have translated belief into action, and to provide them with the opportunity for Christian service to others. It has been recognized by Girl Scouts and Boy Scouts as the religious emblem program for their members; however, you do not have to be a scout to participate! The children, along with their parents, will have activities to prepare before each class. The sessions will be held at St. Andrew on the following Sundays from 11:45 am–1:30 pm: January 8 & 22 and February 5 & 26. Cost is \$10 per participant. Adults are needed to lead the sessions. Curriculum and activities are provided! If you are interested in participating or leading one of these four sessions, please contact Christy Boyle, cboyle@st-andrew-umc.com, 303-794-2683 x114.

Rainbows Returns January 23

Rainbows, an international organization founded in 1983, provides support to grieving children and opportunities to help them to deal with and resolve their feelings in an accepting environment. This grief might be as a result of separation, divorce, remarriage or death of a family member, which alters a child's view of life and changes the structure of the family. A new session begins Monday, January 23 from 7:00–8:00 pm and runs through March 12. For info, contact Christy, cboyle@st-andrew-umc.com.

New Preschool Sunday School Curriculum!

Beginning December 4, 9:00 am, Yellow and Green Butterflies, Blue Birds and the 10:30 am Live B.I.G. class will all be using the Live B.I.G. curriculum. Live B.I.G. is a DVD enhanced curriculum based on three big truths: (1) God is a great big God (2) God loves us with a great big love and (3) We are part of God's great big world. Live B.I.G. is organized into monthly themes, where the children come to know the love of God through Jesus by experiencing music, art, sign language, imagination, games, crafts, worship, and prayer, all related to the Bible story. The children will grow in their faith as they learn to connect the Bible stories to their everyday lives.

Upcoming Safe Sanctuaries Training Events

This one-time training is required for all persons who work with children at St. Andrew. Choose one class to attend: Sunday, December 4 at 8:00 am, or Monday, December 12 at 8:00 pm.

Children's Learning Center Registration

Registration for the 2012–2013 school year begins Jan. 15, 2012. Registration forms will be available on the St. Andrew website. All forms must be turned in by January 31.



It's Your Move...

Where Is God Calling You To Serve?

Serve in the St. Andrew community by teaching a Children's Sunday School class two Sundays a month, January–June. Choose the 9:00 am or 10:30 am class.

Relate with children and other adults as you explore Bible stories and connect them to daily living.

Lead children as they experience the compassion and love of God, leading them to become disciples of Jesus.

Serve on a team of Pre-School teachers: Experience a child's first thought about God and Jesus. Training and resources provided to help you share a Bible story, simple craft and learning activities!

Serve on a team of Elementary Guides: Develop relationships with children. Experience interactive ways to jump in the Bible story and make the connection to everyday life. Nominal planning required!

Serve on a team of Workshop Leaders: Use your strengths, gifts and passions as you engage children in the Bible through kid-friendly multimedia workshops. Training and curriculum provided to help you plan and implement the lesson for 6 week units with team members. Choose, art, computer, cookery, games, music, science, story/drama or video!

Youth Ministry Intern



My name is Gabe Horton, and I am blessed to be serving with the community of St. Andrew during the months of November and December. As a way of introducing myself, I would like to share with you an experience that has provided the foundation for my faith and call to ministry:

In high school in East Tennessee, I would occasionally climb my roof on clear nights to relax and soak in whatever the sky had to offer. One of these otherwise ordinary nights brought a modest revelation that changed the lens through which I understood my life and its purpose. First, I simply felt awe at the immensity of the created universe. How incredible that these billions of stars all house their own solar systems, each with innumerable planets, and how incredible God must be to create this universe!

But wait – this same formidable creator of the stars also had the nimble hand to set into motion the details of this planet and the people on it. What’s more, God experiences love for

us – love so deep that through Christ we have been invited to partake in the work of a new creation. In the end, I left with the single question, “How can I not devote my life’s work to worshipping God?”

Now, ministry in the church is but one of many modes of worshipping God through your work. Yet, in the years since that night, I have felt that my passions and talents lie in ministry as a pastor in the United Methodist Church. I see a world, divided by poverty, military conflict, political polarization, and general injustice, that badly needs the reconciling love of Christ. The idea of helping to bring people to that love, form impassioned disciples, and serve the communities around us brings me nothing less than profound joy.

It is within the context of this call that I find myself at St. Andrew. I have taken the year between undergraduate and theological school to explore Christianity in the United States. My hope is to broaden my perspective, to practice ministry through hands-on experience, and most of all to serve communities like St. Andrew that are deeply immersed in the work of loving God and neighbor. Thank you for allowing me to spend this time with you, and I look forward to learning from and serving with you!

Homelessness Awareness Event

Twenty St. Andrew youth and three adult leaders were among more than 300 who spent the night at Shea Stadium in Redstone Park October 29 as part of a homelessness awareness event sponsored by Love Inc. in Littleton. Keynote speaker was Jerry Herships of AfterHours Denver. Participants packed food boxes and sack lunches, heard speakers from Gemini House/Family Tree, enjoyed music and soup and slept in tents.

As points of reference, the St. Andrew accommodations are in the upper right corner of the photo; adult chaperone Keith Winkel is in the middle right wearing a plaid jacket.

St. Andrew Youth Tents!



The Servant Ministry Team Invites You to be part of Here I am Lord 2012: Connecting with God, Yourself and Others

By Janice Colliatie

“Do not neglect the gift that is in you...”



1 Timothy 4:14

A caring church community needs the gifts of its members in order to flourish. Whether planning a reception, writing for The Messenger, arranging the sanctuary for worship, rocking babies in the church nursery or filling JustCare bags, the gifts of everyone are essential to the life of the community. Gifts must be discerned, affirmed, shared and used in service to others.



“As human beings, our job in life is to help people realize how rare and valuable each one of us really is, that each of us has something that no one else has-or ever will have-something inside that is unique to all time. It’s our job to encourage each other to discover that uniqueness and to provide ways of developing its expression...”

—Mr. (Fred) Rogers, The World According to Mr. Rogers--Important Things to Remember

Thus the church community becomes what it professes to be—a people noted for their love, generosity, and cooperation. Through this process we deepen our relationship with God.

Discern your gifts. Our gifts are like no one else’s. We each have gifts that are given to us by God; we did not earn them, but they are ours to develop, to strengthen, and to give back to God in service to others.

How do we know and accept our gifts? Sometimes a parent, a mentor, a teacher, or a friend encourages us with a simple statement, “You are good at this.” Other times, we are stretched to do more than we ever thought we could—in a classroom, on a playing field, in an art studio, at a desk, or in front of a group. Perhaps there is a small voice inside that says, “I think I can do that,” or, “I would like to try doing that.” Or, we may be surprised by a strong, urgent feeling within us that says: “Give me that pen, I know what to write,” “Give me those ingredients, I know I can bake,” “Give me that book, I know I can teach,” or “Give me the problem, I can find a solution.”

Discovering your gifts means listening to that voice

within, paying attention to the affirmation that others give, and recognizing the energy and sense of accomplishment that comes when gifts are used as intended, for the good of others.

Affirm the gifts of the community. Everyone has gifts to give but not everyone knows or believes it. When encouraging and developing people in a church community, it is important to root ourselves in the Scriptures. “We who are many are one body in Christ, and individually we are members of one another. We have

gifts that differ according to the grace given us.” (Romans 12:5-6). In so many words, we are talented, we are different from each other, and we belong to each other.

“Serve one another with whatever gift each of you has received...” 1 Peter 4:10

One of our responsibilities as a caring church community is to believe in and affirm the gifts of others. We do this when we look for gifts in one another, name them, and express gratitude for them. It may seem simple, but the reality is that we too seldom do this or expect this from one another.



Connect your unique gifts to service. Like a loving parent, God asks each and every person to use the gifts given to make the world more beautiful, to make the world a reflection of God’s care and compassion. We are inviting you to share

your gifts in order to meet the needs and fulfill the hopes of our community here.

During 2012, we, the entire St. Andrew community, will be asked to discern the best ways to identify our gifts, skills and passions and to invite each other to connect our gifts to service, whether through the sermon series in January and February, or classes and events planned to help each person connect their spiritual gifts with a call to service. Your gift of yourself is essential to the life and mission of St. Andrew church!



Pathways: A Center for Spiritual Growth

For information on the many classes and events offered by the Pathways Ministry pick up a copy of the Pathways catalog or log on to www.st-andrew-umc.com. Please preregister for classes at the Pathways desk at church.

God Talk V: God's Calling... Are You In?

Monday, January 9; 7:00 pm in the Fellowship Hall. Senior citizens Abraham and Sarah became the parents of the Israelite people. Moses, the stutterer, led his people out of Egypt. Teenaged and unmarried, Mary was chosen to be the mother of Jesus. Saul, who persecuted Christians, became Paul the Apostle. John Wesley's heart was strangely warmed and he created the Methodist movement. God has called people throughout history to be about holy business. Could God be calling you too? Join a panel of Iliff School of Theology scholars and moderator, Shani Jones, St. Andrew member and Iliff student, for a stimulating discussion.



Panelists are:
Dr. Amy Erickson, Asst. Professor of Hebrew Bible



Dr. Ann Graham Brock, author of *Mary Magdalene, the First Apostle*, Associate Professor of New Testament and Christian Origins



Micah Saxton, PhD candidate, Department of Philosophy and Adjunct Faculty of New Testament and Early Christianity



Dr. Catherine Kelsey, Gerald L. Schlessman Visiting Assistant Professor of Methodist Studies, Dean of the Chapel at Iliff, formerly the John Wesley Iliff Senior Adjunct Lecturer in Theology, and an elder in the United Methodist Church



January Pathways Classes

Please refer to the Pathways catalog or St. Andrew website for more details:

- **Financial Peace University**
Free preview on Thursday, January 5; 7:00–8:30 pm
New Class Thursdays, Jan. 12–April 5; 7:00–8:30 pm.
Facilitated by Justin Rainey
Find out more at www.daveramsey.com/fpu/home.
or contact Phil Seibold at pseibold@st-andrew-umc.com; 303-794-2683 x110.
- **Experiencing God's Goodness When We're Hurting:** Sundays, January 8–29, 9:00–10:00 am.
Led by Dr. Marianne Neifert
- **Book of Mormon:** Sundays, January 8–29; 10:30–11:30 am.
Led by Richard Davidson
- **The Bible for Beginners:** Tuesdays, Jan. 10–Feb. 21; 7:00–8:45 pm.
Led by Dr. Harvey Martz
- **Experiencing Christian Freedom:** Sunday, January 15; 9:00 am.
Many extol the idea of freedom, but not many have the audacity to grasp it. Led by Fred Venable
- **Are You Called to Healing?** Thursdays, Jan. 19–Feb. 9; 7:00–8:30 pm. Led by Bonnie Lewallen, R.N. and Shelly Hall
- **Embracing an Adult Faith:** Thursdays, January 26–Feb. 23, 7:00–8:30 pm. Led by Judy and Larry Mugler

Coming in February

Creation and Creativity

Mondays, Feb. 6–27, and March 5 (no class February 20); 7:00–9:00 pm in the Chapel. In this course we will explore the ancient socio-cultural background of a number of creation texts in the Hebrew Bible, particularly those found in Genesis, Exodus, Psalms, Proverbs, and Job. We will also examine the relations among God, humanity, and nature that are presupposed by the creation texts; the role of gender in the biblical views on creation; and the impact of eco-justice hermeneutics on biblical interpretation. Led by Dr. Amy Erickson is Assistant Professor of Hebrew Bible at Iliff School of Theology, Denver. She is a contributor to the *Feasting on the Word* Lectionary Commentary Series and she was the St. Andrew Disciple Graduation speaker in June, 2011.

Forgiveness: The Art and Soul of Building Peace

Tuesdays, Feb. 7–Mar. 27, 7:00–9:00 pm
Study the ideology of morality through the eyes of history, in particular, with retrospect to Apartheid and its aftermath. The class will read John Paul Lederach's *The Moral Imagination: The Art and Soul of Building Peace* and counter-impose it against Desmond Tutu's *No Future Without Forgiveness*. Participants will struggle with the roles morality and ethics play on the stage of history's theatre; within politics, Christianity, and our own self-determination.

Led by Missy Wade who holds a Masters of Divinity with double emphasis in Social Justice and Global Ethics, as well as an AS in Psychology from the University of Colorado and an Executive MBA from Boston University

Congregational Care

Our Daily Path

By Carol Tyson

Gracious and Loving God, thank you for loving us, caring about us, and giving us your Grace. You light our daily path and are with us in all circumstances. We want to be more like Jesus in our hearts and in our interaction with others. Help us to show mercy and loving kindness to others as You have shown mercy and loving kindness to us. We pray for patience and a forgiving heart, especially at those times when we feel most challenged on our daily path. We ask in the precious name of Jesus.

Amen.

Clean Hands: Get The Facts!

Good hand washing is the best way to reduce germs and infections. Liquid soap, disposable towels and warm water are the three most effective components for hand washing. Wash for a full 10-20 seconds. You can sing the “Happy Birthday” song to yourself to make sure you make it the full 10 seconds! While hand washing and sanitizing are vital parts of germ control, it is very important to remember that many viruses including influenza and rhinovirus, the most common “cold” virus, are still transmitted largely by airborne particles. The Take-Home Lesson: Wash your hands but also avoid close contact with those who are sneezing and coughing. Gloves and hand sanitizer are not as effective as hand washing under running water. Some germs can get through tiny holes in gloves. Hand sanitizers must have 65-90% alcohol to be effective in reducing germs. Some hand sanitizers have other active ingredients such as triclosan or benzalkonium chloride, BAC. Almost all hospitals currently use alcohol based hand sanitizers. Despite some advertising claims, hand sanitizers cannot kill MRSA or E. Coli bacteria, some of the most resistant and dangerous disease-causing bacteria.

Children generally cannot poison themselves with hand sanitizer unless they ingest an average of 2-4 teaspoons of the liquid. Children who are five years or less should not use hand sanitizer if there is a risk they may lick their hands. Please keep these tidbits in mind, enjoy the winter and stay healthy! *Source: CDC and American Academy of Pediatrics

Durable Medical Equipment

Broken leg? Need crutches or a wheelchair? Did you know that the St. Andrew Health Ministries Team has assembled donated Durable Medical Equipment for you to borrow? The items are ready for you to use! Just ask at the Reception Desk during the week, or Welcome Desk on Sundays. We have walkers, wheel chairs, knee walkers, bath benches, commodes, elevated toilet seats, canes, and crutches. One item that we do need is a rolling walker with a seat. (No canes, crutches or wheelchairs are needed at this time.)

February: Heart Awareness Month!

Don't miss the special information and activity on the stage in Fellowship Hall all morning, Sunday Feb. 12, presented by St. Andrew's Health Ministries Team.

Estate Planning –The Basics

Join us Thursday, January 19, 7:00 pm. What is “Estate Planning”? What should you know about living trusts, durable powers of attorney and advance medical directives? What is probate and should it be avoided? This program will address these questions and many more. Whether you are unfamiliar with estate planning or have been a regular on the “seminar circuit”, join us for a presentation followed by an extensive question-and-answer session. We will also offer our best guess as to what Congress may do regarding the current estate and gift tax laws. Led by Don Kelley and Woody Herring, this is one of several educational presentations sponsored by the Legacy Ministry at St. Andrew. Both presenters are long-time members of St. Andrew and have decades of experience as tax and estate attorneys. The Legacy Ministry team can be reached at legacyministry@st-andrew-umc.com.

St. Andrew Orientation

Would you like to know more about this congregation? This is your opportunity! Join Harvey Martz, Melanie Rowilson and others for a time of fellowship, food and information. Orientation is a two-part experience and attendance both days is important. If you have been attending St. Andrew for a while and are thinking about becoming a member, this is the next step in that process. Please contact Melanie Rowilson, mrowilson@st-andrew-umc.com, for more information and/or to register. Childcare is available with a reservation made at least one week prior to the session you will attend. Please contact Susan Brown, Childcare Coordinator, 303-794-2683 x151, sbrown@st-andrew-umc.com.

January 22 & 29, 11:45 am-2:45 pm
February 5 & 12, 11:45 am-2:45 pm
March 4 & 11, 11:45 am-2:45 pm
May 5 & 12, 9:00-Noon

St. Andrew Nordic Explorers

The St. Andrew Nordic Explorers are gearing up for another fun ski season. The “Nords” are a fun loving group that enjoys being outside in God’s great creation to cross country ski or snowshoe. Mountain day outings are every other Saturday starting January 7. You are invited to join them for a fun filled day of skiing and fellowship on and off the trail. Some skiing experience is necessary. Snowshoers of all levels are welcome. Call Dottie Tarvestad for more information, 303-796-8267.



Scouting Rocks!

Riding over slick rock trails and hiking through ancient stone arches, Boy Scouts from Troop 870 explored majestic Moab, Utah on a recent camp out. The boys traversed several trails on bike, then hiked Arches National Park for a weekend of thrill seeking and sightseeing. Back at home, the troop Honor Guard had their own rockin’ encounter while performing the opening flag ceremony at the October 30th Colorado Avalanche game at the Pepsi Center. And, in a landslide victory at St. Andrew, scouts were presented with over 140 merit badges and numerous rank advancements during Troop 870’s first Court Of Honor presentation at their new home. Mountains of character-building adventure await your son too, contact Allen Amis at allenamis@cs.com to join the troop, or visit www.troop870.org.



Caring for our Congregation

12 Step Groups—all are ongoing

- AA (Alcoholics Anonymous) Tuesdays, 7:45-9:15 pm
- AA Friday Evening Fridays, 6:30 – 7:30 pm
- AA for Men Saturdays, 8:30-9:30 am
- SA (Sexaholics Anonymous) Saturdays, 7-8 am
- S-Anon Saturdays, 7-8 am

Brain Injury Support Group:

Third Thursdays, 6:30–8:30 pm
For persons living with brain injuries, and those providing support. Contact: Della Krochta, 720-344-1250

Covenant Visitors: Thursdays, 9:30–10:30 am, room B239.
This team visits older home-bound people. Barbara Pomarico, pomarib@aol.com

Depression Support Group:
Meets Second Mondays, 6:30–8:00 pm with Nancy Williams, Ph.D., psychologist.

Employment Search Group:
Weekly sessions will not resume until further notice. For more information, contact Rev. Dale Wood, 303-794-2683 x153

Health Ministries:
Adapted Yoga; Tuesdays, 10:00–11:00 am;
Regular Yoga; Wednesdays, 9:45–10:45 am
Free Blood Pressure check on third Sundays, now every month, 8:00 am–noon, room B269.
Knowing that your blood pressure is OK prevents many health problems. Fresh Fruit available Sundays on the donut table in the Fellowship Hall.

Intercessory Prayer Team:
Meets Wednesdays, 9:00 am We pray for the needs of St. Andrew’s congregation and beyond. For more information contact jricklefs@st-andrew-umc.com

Men’s Ministries:

Fellowship, learning and service. Monthly breakfast and program September to May; softball team; Grill Team; Snowhounds and service projects. Contact James Lingle, MensMinistries@st-andrew-umc.com

Moms Like Eve:

First and Third Fridays, 9:45 am. Fellowship, support, learning, speakers, discussions and outreach. Childcare available with one-week notice. Contact Jayme Lara, chicojyd@yahoo.com

OutSpirit: Friends Embracing Diversity:

Christian fellowship, support, and education opportunities for the gay, lesbian, bisexual and transgendered church community, friends, family and supporters. Fourth Sundays, noon. Not meeting in December. Contact: Cathy Pearl, 303-740-7688

Parent’s of Teenagers Support (PoTS):

Second Tuesdays, 7:00–8:30 pm. Contact: Kathleen Riley, 303-741-6726, corileys@msn.com; Dona Kooy, mdkjk@msn.com.

Parents Who Have Lost an Adult Child Self-Help Group:

Second Tuesdays, 2:00–4:00 pm. Visit with parents facing the same grief as you. Sharing with caring others and seeing how they are dealing with life may help and comfort you. Contact Pat Markwell, 303-795-0476.

Prime Timers:

Second Fridays, 11:30 am. St. Andrew seniors are invited to enjoy fellowship and a delicious meal in the Gathering Space. Meal (\$5.00) lovingly prepared by Martha Thompson. Contact Mike and Marylou Cate with questions, 303-792-9933.



Men's Ministry Snowhounds

Winter is upon us and that means the Snowhounds are ready to hit the slopes. Snowhounds is a men's ski and snowboarding group at St. Andrew. We have outings to various local resorts all winter. Some guys are available during the week and others on Saturday, but someone is on the slopes nearly every week. We also have a few weekend trips planned. The group is open to men of all skiing and riding abilities. There are no membership requirements or dues. We just have fun! It is a good chance to have a fun time with other men in the church with similar interests. So, if your wife or girlfriend doesn't like snow or the kids are slowing you down, this is the group for you. For more information, or to be added to our roster, contact John Parisi, jdparsi2@comcast.net, 303-707-1664.



Meet the Artist

Bill Youmans, Photography

St. Andrew Art Gallery Exhibit, now through Sunday, January 1.

I've been making photographs for 35 years and still get excited about looking at the world through a lens.

My photojournalism teacher would tell us that the best photos tell a story in just 1/250th of a shuttered second- yet allow us to relive that moment over and over for a lifetime. My display photos for St. Andrew are a collection of my favorites, including the energy of school kids, the dignity of age, and the beauty of nature. It's always an honor to be present for these moments as they happen, and I hope you enjoy looking through my lens.



St. Andrew UMC is a
Reconciling Congregation



ATTENTION ARTISTS

If you are interested in exhibiting in 2012, visit the church website/ Music and Arts page for info and submission requirements.

SUNDAY WORSHIP

8:00 am Chapel Communion Service
Reflective, meditative and nurturing service; hymns.

9:00, 10:30 am Worship in the Sanctuary Creative, celebrative, communion the first Sunday of each month; variety of choral and instrumental music.

Sunday School for all ages is offered at 9:00 and 10:30 am.

Childcare is available at all worship services for children age 4 & under.



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